



Re-Entry Transition Support

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While employers are investing more in mental health, the same priority isn't being given to workforce exhaustion. This is the number-three people risk overall, but it ranks down in 14th place in terms of steps being taken to address it.

Mercer Marsh Benefits Report

GLWS Tool

We know that leaders need to be well to lead well. And in these uncertain times, there's an ongoing need to equip leaders and, in turn, their teams with the right tools to support their emotional wellbeing in the workplace.

We believe the GLWS does that. Their process of 'Learn it—Live it—Lead it—Embed it' for creating positive wellbeing at the individual, team and organisational level is one we subscribe to.

We use the GLWS to assess wellbeing and design bespoke solutions to help your leaders meet their leadership responsibilities and manage their current challenges, in and outside of work. It delivers deep insights into what shapes leaders' ability to perform at their best.

It's a powerful, bias-free holistic tool that goes further than other wellbeing surveys by focusing on the 'whole person' by tackling the 'silent' derailers in today's fastpaced, uncertain, ambiguous, and complex times.

For more information <u>download our flyer</u> or contact us to hear more about how the GLWS tool can boost wellbeing, resilience and performance in your workplace. Organisations now have the opportunity to redefine the intersection between work and life.

Flexibility, hybrid work and mental health support are key in keeping leaders and their teams engaged. We know the future of work has arrived but first we must reenergise an exhausted workforce.

Transitioning Well is here to help. Our team of expert psychologists are trained to equip leaders and teams with skills and insights to protect their mental health both now and in the future.

COVID Wellness Webinar Series for Leaders

Mental Health Essentials for Leaders: Looking after yourself and your team

The Great Resignation: Reducing the impact of the pandemic upon your people

Workforce Exhaustion: Practical strategies to reenergise an exhausted workforce

Flexibility 2.0: Redefining flexible work in a post pandemic world

Looking for re-entry transition support for team members? Download our flyer